

## SKY MOUNTAIN BOYS SESSION EQUIPMENT LIST

### **Clothing**

2 pair long pants  
4 pair shorts  
10 pair socks  
1 pair work shoes  
1 pair hiking shoes (broken in)  
1 pair sandals  
Water shoes for river float  
(can be sandals, if have a strap, not flip flops)  
8 short-sleeved shirts  
2 long-sleeved shirts  
10 pair underwear  
1 swimsuit  
1 warm jacket  
1 sweatshirt  
Rain Jacket or Poncho  
Pajamas  
Clothing for church worship  
Sun hat  
Work gloves  
Bandanna

### **Optional Items**

Drawing materials  
Journal  
Books  
Camera (not with phone)  
Musical instrument  
Sheet music  
Stationery, pen, stamps  
Board or card games  
Hammock

### **Personal Items**

1 bath towel  
1 hand towel  
Soap  
Shampoo  
Deodorant  
Sunscreen  
Insect repellent  
Toothpaste  
Toothbrush  
Shaving supplies  
Chapstick  
Laundry bag  
Scriptures (not digital)  
Wristwatch (no smartwatches)  
Pillow  
Twin fitted sheet and blanket (optional)

### **Equipment**

Frame backpack (your size, not your dad's)  
Lightweight day pack or string bag  
Sunglasses  
Plastic water bottle (1 liter, wide mouth)  
Personal first-aid kit  
Backpacking sleeping bag  
Backpacking pad  
Ski hat  
Headlamp  
Whistle  
Lightweight cup  
Light long-handled spoon

Contact us in advance if you are unable to bring the necessary backpacking equipment, including a lightweight sleeping bag and pad. Car camping or sleepover sleeping bags are not sufficient.

As you pack we ask that you avoid styles that emphasize or draw inappropriate attention to your physical body instead of who you are. Your respect for yourself and others will increase as you honor your body through your appearance and dress.